

Labor Rates

Standard Tune Up	\$ 65.00
Standard Tune Up Specialty Bike (Trike, tandem, etc.)	\$ 85.00
Major Tune Up	\$ 130.00
Complete Overhaul	\$ 260.00
Assemble Standard Bike	\$ 100.00
Assemble Specialty Bike (Trike, tandem, Tri, etc.)	\$ 200.00

Brakes

Adjust Rim Brake	\$ 10.00
Adjust Disc Brake	\$ 20.00
Replace Brake Cable and Adjust (External)	\$ 20.00
Replace Brake Cable and Adjust (Internal)	\$ 25.00
Replace Brake Cable and Housing and Adjust (External)	\$ 30.00
Replace Brake Cable and Housing and Adjust (Internal)	\$ 35.00
Replace Brake Pads and Adjust (Rim)	\$ 20.00
Replace Brake Pads and Adjust (Disc)	\$ 25.00
Replace Brake Lever	\$ 15.00
Disc Brake Bleed (per brake, includes fluid)	\$ 40.00
Install Disc brake	\$ 30.00

Drivetrain

Adjust Derailleur (shifting)	\$ 15.00
Replace Cable and Adjust (External)	\$ 20.00
Replace Cable and Adjust (Internal)	\$ 25.00
Replace Cable and Housing and Adjust (External)	\$ 30.00
Replace Cable and Housing and Adjust (Internal)	\$ 35.00
Replace Derailleur	\$ 20.00
Adjust Hanger	\$ 10.00
Replace Hanger	\$ 15.00
Replace Cassette	\$ 10.00
Replace Chain	\$ 10.00
Replace Crankset	\$ 20.00
Replace Chainrings	\$ 30.00

Cockpit

Replace Handlebars (Road)	\$ 30.00
Replace Handlebars (MTB)	\$ 20.00
Replace Stem	\$ 15.00
Tape Handlebars	\$ 15.00
Replace MTB Shifter	\$ 20.00
Replace Road Shifter	\$ 25.00

Headset/Bottom Bracket

Adjust Headset	\$ 10.00
Adjust Bottom Bracket	\$ 15.00
Replace Headset	\$ 30.00
Replace Bottom Bracket (Threaded)	\$ 30.00
Replace Bottom Bracket (Press Fit)	\$ 40.00

Wheels

Adjust Hub (Front)	\$ 10.00
Adjust Hub (Rear)	\$ 15.00
Overhaul Hub (Front)	\$ 20.00
Overhaul Hub (Rear)	\$ 25.00
True Wheel (External)	\$ 10.00
True Wheel (Internal)	\$ 20.00
Replace Spoke and True Wheel (Front)	\$ 20.00
Replace Spoke and True Wheel (Rear)	\$ 30.00
Replace Wheel (Front)	\$ 10.00
Replace Wheel (Rear)	\$ 20.00
Wheel Build (Front)	\$ 40.00
Wheel Build (Rear)	\$ 50.00
Wheel Build (Specialty)	\$ 60.00
Replace Tube Standard	\$ 10.00
Replace Tube Specialty	\$ 20.00
Replace Tubular Tire (Tape)	\$ 25.00
Replace Tubular Tire (Glue)	\$ 50.00
Install Tubeless (New per Wheel)	\$ 25.00
Replace Tubeless Sealant (With Sealant per wheel)	\$ 15.00

Accessories

Install Baby Seat	\$ 20.00
Install Fenders	\$ 20.00
Install Training Wheels	\$ 10.00
Install Computer	\$ 10.00
Install Power Meter	\$ 30.00
Install misc accessory	\$ 5.00-10

Suspension

Front Lower Leg Overhaul	\$ 45.00
Front Damper Overhaul	\$ 120.00
Rear Seal Overhaul	\$ 50.00
Rear Damper Rebuild	\$ 120.00

Misc.

Bike Fit by Kathy Basic	\$ 75.00
Bike Fit by Kathy Body Fit (Road)	\$ 120.00
Bike Fit by Kathy Body Fit (Time Trial)	\$ 150.00
Box Up Bike-box included	\$ 65.00
Cut Handlebars/Seatpost	\$ 10.00
Bike Wipe Down-Clean	\$ 25.00

Subject to Change 2020

